

MUSIC EDUCATION: ONE OF THE IMPORTANT ASPECTS IN ALL-ROUND DEVELOPMENT OF SCHOOL STUDENTS

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Abstract: *Today's students are tomorrow's leaders of the nation. Therefore students have to be honest, genuine, of good values and work for the betterment of the society and the country. Students have the driving force of change anything as they want and we should positively use their force. Only qualitative education has the power to develop such personalities. Quality education means an education that brings about the holistic personality of the students. Education is one of the most important ways to attain the goal of national development. Today, the school focuses more on just academic curriculum and informative knowledge. But it is not sufficient for students' all-round development. For all-round development, students need to learn moral values, their culture. Music is an art that can enable students' all-round development. In this research paper, the researcher has explained how music is important in the school curriculum and how music education helps in the all-round development of students'.*

Key Words: *School education, Music & Music Education, All-round development, Music in school education, All-round development of students with music*

1. INTRODUCTION:

“Show me the heroes that the youth of your country looks up in, and I will tell you the future of your country.” said famous USA author Idowu Koyenikan. Yes, it's true that students indeed play a very important and big role in the development of the Nation. Nation-building involves social harmony, infrastructure development and economic growth of the Nation. Youths are the grates power of the country, therefore, significant efforts must be established to help empower the students to competently and adequately contribute towards sustainable development of the nation. So if we want our nation to be developed, then we must have strong our roots which means students' school education. School education is important because it teaches the basic needs and provides a foundation for everyday skills. The main purpose of school education is to create better students. So along with academics, co-curricular activities are also important to develop students' skills. In this music education can play an important role.

2. Concept of Education & School Education :

According to the Oxford dictionary 'Education is a process of teaching, training, and learning, especially in schools or colleges.' Education is the foundation of human's all-round development through which his personality flourishes. According to the Bhagavad-Gita, the only objective of education is the all-round development of the child that is the development of body, mind, and soul. Because the education through which all these are developed and decided to flourish is the real education.

The scope of education is very huge. Many education agencies exist today. Earlier the education process used to run through Gurukul, Ashram, Religious institutes, but gradually as the knowledge increased, the need for an independent institution started and schools were created. According to John due 'School is a special environment where a certain quality of life and certain types of activities are provided with the object of securing the child's development along desirable lines. The school is the most important agency for formal education. It gives them a chance to acquire knowledge in various fields of education, such as people, literature, history, mathematics, politics and other numerous subjects. The school has been created to create capable citizens for doing the development work of the nation.

3. Concept of Music & Music Education:

Music is a form of art, an expression of emotions through harmonic frequencies of sound. Most music includes people singing with their voices or playing musical instruments. Music is a genre that has no end and by which pleasure is gained, which is not only human but animals & birds also get mesmerized. Music is the practicable means by which one can easily reach the divine. When different kinds of sounds are put together or mixed to form a new sound which is pleasing to human beings, it is called music. Music includes three things, first is the people singing, second is the sound from the musical instruments and third is dancing.

Music education is a field of study associated with the teaching and learning of music. Cultures from around the world have different approaches to music education. In India, there are various cultures in various places and accordingly, music is also different. We find here different types of Loksangeet, Hindustani classical, Carnatic classical, different classical dances, folk dances, instruments and different styles of playing instruments. The methods of teaching and learning music are also different. Loksangeet is the music that is sung by the people. People learn these songs by singing them with others. The songs are passed down from generation to generation. The teaching and learning system of Indian classical music is different from folk music. In the 19th century, the Gharana system aroused. These Gharanas have their basis in the traditional mode of musical training and education. The concept of Guru-shisha leads to the development of Gharanas. In the early 20th century, many musicians and academics propagated music through various mediums in the field of music and with it, institutional music started. Because of the musician's effort, music got a place in the school curriculum.

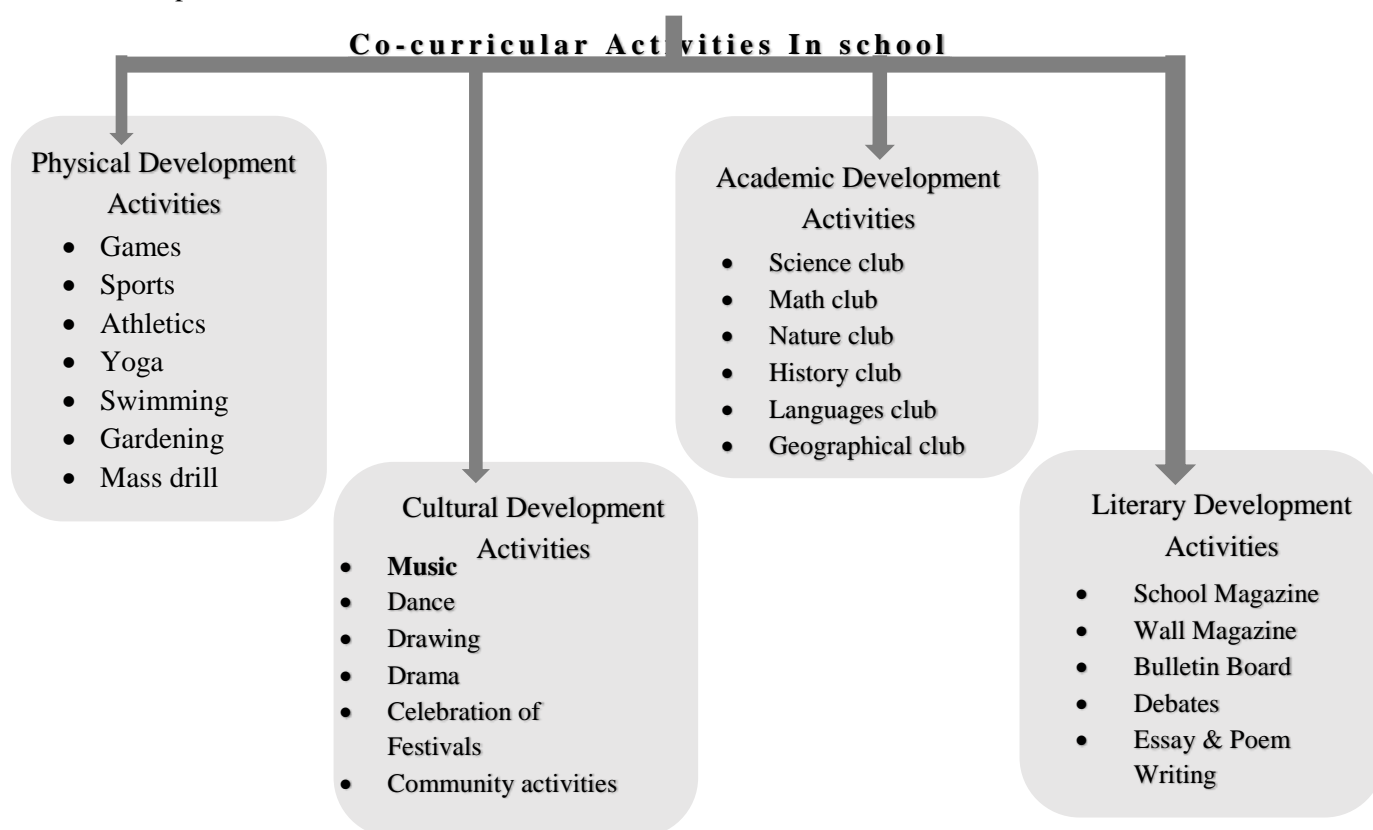
4. Concept of All-round Development:

Before going to know about all-round development, we have to understand that what is development? Development means change, this change is the direction of progress. According to Elizabeth Harlock 'Development is a change in the ability of the physical, mental, emotional, social, to progress towards the interrelation of maturity and experience.

All-round development is a development that touches on all aspects. All-round development means that we focus on and emphasize more than the academic development of the child. Instead, while that remains a key focus, we also understand the essence in emphasizing the social, emotional development, the development of varying artistic skills, cognitive development, character development, etc. While thinking about the all-round development of school students, we notice that students' all-round development depends on their academics as well as their skills achievements. Skills-based learning is like listening, speaking, reading and writing, focus and self-control, prospecting talking, communicating, critical thinking and many more which make a person's quality life. All-round development means the development of body, soul, mind intelligence and soul. For all-round development, the strength of the body, the balance of the creature, mental good thinking, intellectual prudence, truthfulness, and spiritual service is required.

5. Place of Music in School Education:

In India, present school education is based on academic activities and co-curricular activities. Curricular activities include the basic knowledge of various subjects like languages, science, social studies, math, etc., while co-curricular activities included physical development activities, academic development activities, literary activities, cultural development activities.



Mudaliyar Commission was formed in 1952-53 in India to restructure school education. In their commission, they explained the aims of education that the broad objectives of education is to make man a human being, to exchange his character, to create a vision for life, in short, to develop the all-round personality of students. For that, they emphasized co-curricular activities with academics in school. In school education, music is one of the co-curricular activities. Music is included as a subject in the school time-table and every class has nearly two music periods in a week. Mostly music is used in morning school assembly, various cultural programs, annual day celebrations, inter-school musical competitions, etc. In school, a music teacher teaches patriotic songs, folk songs, community songs, children songs to the students.

But though music is included as a subject in the school time-table, the importance of music is very less than the other subjects. Many parents, guardians, subject teachers and students themselves do not know the importance of music and always they argue that musical activities are not very important in a school student's life. They feel that it is a waste of time to participate in school music programs and it is a hindrance to study. But this is not true. Music is just as important as academics. They both compliment each other to develop a well-rounded student with more social skills than one who only concentrates on their books. National policy on education of 1986 has also given importance to music in their policy.

6. Music Importance in School Education:

Gandhiji said that by education I mean all-round development, drawing out of the best in the child-man body, mind, and spirit. Music is a sound of nature and it is connected with the human being. Music permeates nature and nature permeates the music. Music is an integral part of the everyday life of a human being. With modern technology, music is much closer to human and the field of music has also become more widespread. Every area of study, such as languages, sciences, technology, geographical situations, communication aesthetics, psychology, society and cultural beliefs of the community, is somehow related to music. In that case, music is important in every student's life. Studies show that music education is important in the all-round development of students. Also, the implication of music education can increase the quality of school education. We can't imagine a school without music. School would have lost a lot of meaning if there were no music.

*'Music has a power of forming the character and should
Therefore be introduced into the education of the young.'* - Aristotle

Research undertaken by a team of researchers in the 1990s showed that exposure to music from early childhood onwards helps children to speak more clearly, develop a larger vocabulary and strengthen social and emotional skills. The psychologist Howard Gardner had already argued in 1983 that music intelligence is as important as logical and emotional intelligence. This is because music can strengthen the connection between the body and the brain to work together as a team. In general, exposure to music supports children in their development process to learn the sounds of tones and words. School morning assembly, various cultural activities, sports meet, school functions, annual day like every school event we need music. Morning assembly in school helps children together a lot of energy to do well and be good in their day. Musical prayers in the assembly have the power of creating a pious atmosphere that helps instill certain values such as humanity and discipline in the students. This helps the school children realize the essence of ethical values. Music has a status of both art and science. As music is relevant to the student's life, it is relevant to other subjects also. For the overall development of students, music education should have an important place in the school curriculum.

• Music- One of the Aspects in All-round Development of school students'

6.1 Music develops the linguistic skills of children

Music is the universal language. The children start to recognize voices, tones, and words, even before they begin to speak, read or write. With musical songs and poems, they can learn languages easily. Music becomes a language for them.

6.2 Music develops listening skill in children

The musical tones and rhythms have the power to captivate anybody. If children study poems through music, they can learn voice modulation and can identify different tones, voices, and melodies. It will help them to develop their listening skills.

6.3 Music induces movements in children

Movements and music are partners. When students hear it, they respond to it by moving their body that is shaking hands or tapping feet. When they perform movements while listening to music, it develops their coordination skills.

6.4 Music develops brain increase brain capacity

Research has shown that when we listen to music, our brain waves resonate in sync with the beats of the music. In the human brain, the right side of the brain controls muscles on the left side of the body and the left side brain controls muscles on the right side of the body. In 95% of right-handers, the left side brain is dominant. So if students learn to play piano or guitar with both hands, their right and left brain develops the skill of independent coordination. New research suggests that regular playing instruments can change the shape and power of the brain.

6.5 Music improves academic performance

Music is strongly co-related to other subjects like science, math, languages, social sciences. Music has its science, math, and language. An extensive study from the University of British Columbia in Canada shows that those students who took music lessons in high school performed better in subjects such as English, Science & Math.

6.6 Music teaches better time management skills

Students who learn music, have to think about how to balance their academic study and music classes. They need to know how to incorporate their musical activities into their school life and allocate enough time for each. From this, they can learn time management skills.

6.7 Learn new and useful skill

Nowadays, there are many musical activities, programs held in schools, societies and television shows. Students can learn new things participating in such activities, like teamwork, critical thinking & better social skills. These skills are useful in their school life and day to day activities.

6.8 Physical and mental development

Playing and listening to music benefits both physical and mental health. Music has a psychological effect. Optimistic songs infuse positivity. The waves of musical tones are the key to a healthy life. Music is a total brain workout in medical science. Listening to raga Bhairavi and Sohani relieves insomnia. If the memory is low or decreasing, then listening to the Raga Shivananjani is beneficial. Ghungaru and Tabla make the mind happy. In the world of music, singing, playing and dancing are the basis of physical as well as mental development.

6.9 Cultural development

Every country & community has its own culture and its development depends on their cultural development. For that, the cultural development of students is essential. Musical activities can play a very important role in the cultural development of students because music is the mirror of every culture. Every student has the responsibility to preserve their cultural heritage also.

6.10 Social development

To develop the overall personality of the students, they need to be involved in social activities. Students who learn music, they get a chance to participate in various festivals, social events, and competitions. Participating in such activities is useful for students' social development.

6.11 Emotional development

Emotional development is an ability to understand the feelings of others, control their feelings and behaviors, get along with others and build relationships with others. Having positive emotional skills is important throughout life and can have an impact on how students function at home, school and in their community. Music has the power to control our brain and emotions. Music affects our mood in many ways. So learning and listening to music are useful for student's emotional development.

6.12 Music builds imagination and intellectual curiosity

Music is imaginative art. The whole world music is in seven musical notes. So to compose a new song or music, we need the power of imagination and intellectual skills. Music education develops the whole brain and develops student's imagination power. It also helps to foster a positive attitude towards learning and curiosity.

6.13 Music can be relaxing

In today's society, competition is intense, social relation is complex, school students are under pressure of education, exam & employment. Under various pressures, their psychological endurance becomes increasingly fragile. Music has the power to control the mind. Musical beats make us feel more optimistic and positive. A slower tempo can quiet our mind and relax our muscles. Music education can help students in relaxation and stress management.

6.14 Better self-confidence

Building self-confidence is the first step to success or to develop overall personality and for that learning music is useful. Music is an art to perform in front of others. The students who participate in musical activities and perform in public, they feel more confident. To perform in front of others might be scary at first, but later it helps them to have a positive outlook about themselves and their capabilities.

6.15 Career/ Economic development

Though music is entertaining art, one can successfully make a career in music and it is helpful for their economic development. One can become a performing artist and get famous in society as well as earn good money. Those who learn music and have good knowledge of music can make their careers as a singer, music director, music producer, musician, music teacher. Today, modern technology is everywhere and it is used in music also. Because of modern technology career opportunities in music have increased. Recording engineer, roadie, club DJ, music therapist, program researcher, arts administrator, music in advertisement like many ways are there to develop a career through music.

7. CONCLUSION:

Is music education one of the important aspects of the all-round development of school students? While studying this, we understand that music is an extraordinary art. Its scope is very huge and it is connected with the human being, nature and all subjects related to nature. Students go to school to develop their overall personality and without music education, their overall development may be incomplete. Because music has all the qualities, a student needs to develop. Nowadays, more emphasis is given to the academic curriculum and examinations in the school, which causes great mental distress to the students. In-home, school and tuition classes everywhere parents and teachers oblige students to study academic only. But along with academic co-curricular education is also essential for the overall development of the students. Therefore, music education should be included and given importance in the school curriculum. Students should be encouraged to learn music and should understand the importance of music education. Because today's students are tomorrow's future.

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