

The Importance of Zamzam Water

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Abstract: The water of Zamzam or the well of Masjid al-Haram, which was created on the earth during the prophethood of Abraham (peace be upon him) and the childhood of prophet Ishmael (peace be upon him) by the wings of Gabriel (peace be upon him) Most of the time the Bani Jarham ruled over it and when they left, they closed the well in such a way that no one knew about its location, until Abdul Muttalib, the grandfather of the Prophet (peace and blessings of Allah be upon him), reappeared based on some of the signs he had seen in a dream. In addition to the virtuosos and wisdoms of this water, all the scientists of the world have come to the conclusion on the chemical and biological structure of this water, that this water is very useful for human beings.

Key terms: Zamzam, Kawthar, Dar-ul-Baqa, Hadibiya, Glucose, Chemical, Biological.

1. Introduction:

الحمد لله الذي من الماء خلق كل شيء حيّ وأبدع، والصلاة والسلام على من فار من بين أصابعه الماء ونبع، وعلى آله الأطهار وصحبه الأخيار... قال الله تعالى: ﴿ وَجَعَلْنَا مِنَ الْمَاءِ كُلَّ شَيْءٍ حَيٍّ ﴾ (الأنبياء: 30)

Of course, water is the lifeblood of all living things on land, and no one can deny this obvious fact. On the contrary, all the scholars of the world have agreed to the fact that water is all the same but the land is different, the water of some lands is light and some is heavy, some is sweet, some is salty, some is cold and some is hot. It is a blessing from Allah.

One of the above waters is the water of Zamzam, this water was founded during the prophethood of Abraham (peace be upon him) by the birth of Ishmael (peace be upon him) on the earth by the wing of Gabriel (peace be upon him) and until this day has been carried by Muslims to every corner of the globe for blessings. The Prophet (peace and blessings of Allah be upon him) praised this water and called it a whole food. On the other hand, all the scientists in the world on the chemical and biological structure of this water have come to the conclusion that this water is very useful for human beings. I have also divided this topic into four sections for the purpose of brief.

2. Research:

First: Zamzam water and its names

Second: The rediscoverers of Zamzam water

Third: The virtues of Zamzam water and its difference from other waters

Fourth: The wisdom of Zamzam water according to contemporary science

A. Zamzam water and its names:

The well of Masjid al-Haram is forty meters (sharia meters) away from Baitullah.⁽¹⁾ Al-Fakihi said that the depth of the Zamzam well is 40 sharia meters from the mouth of the well to the mountain, which is 22.50 meters. This size is all covered with rocks and more than that there is a hole or cave in the mountain, which reaches up to 29 meters (16.25) centimetres; but today the Zamzam well is divided into two parts: The depth of the first part is 14 meters and 80 centimetres and the hole of the second part is in the mountain, which is 17 meters and 20 centimetres.⁽²⁾

The water level is 4 meters below the ground level and the springs are located at 13 meters.⁽³⁾

For the first time, Abu Ja'far al-Mansur, the second caliph of the Abbasids, laid tiles on the spring and covered the ground with marble.⁽⁴⁾

¹ Abu al-Waleed Muhammad ibn Abdullah ibn Ahmad ibn Muhammad ibn al-Waleed ibn Aqaba ibn al-Azraq al-Ghassani al-Makki known as al-Azraqi (b. t). News of Mecca and its place in the monuments. Researcher: Rushdie Al-Saleh Malhas, Dar Al-Andalus for Publishing - Beirut. (P. 2/85)

² Abu Abdullah Muhammad ibn Ishaq ibn Abbas al-Makki al-Fakhi (1414). News of Mecca in ancient times and hadith. Researcher: The. Abdul Malik Abdullah Dahish, second edition, Dar Khidr - Beirut (p. 2/75)

³ Rahmatzai, Asadullah (1397 AH). The Importance of Zamzam Water from the Perspective of Islam and Science. Research Journal of Natural Sciences, 3rd Edition, Kabul University.

⁴ Ahmad bin eali al'azhari alshshafiei. (1422 h - 2001 m). al'ielam almultazim bilfuldilal zumzim. almhqq: ramziun saed aldiyn dimashqit, altbet: al'uwlaa, dar albashayir al'iislatiat liltabaat walnashr waltawziei, bayrut. (1/ 14)

The Zamzam well is currently underground, with a room covered by a glass window to illuminate the well, as well as an electric pump for conveying water. The upper part of the Zamzam well was repaired for the second time in February of 2018, in such a way that gravel was poured from the top of the well towards Safa and Marwa at a height of 3 meters, so that the water would flow. Which rises from the well can be placed on this floor and transported to the consumption side by special pumps. ⁽⁵⁾

The names of the waters of Zamzam are: zamzam, wshabbaeat, wmurwiat, wanafieatu, waeafiaturun, wamaymunaturun, wabarikatin, wbarrat, wmadnunt, wakafiaturun, wmuedhibat, washifa' suqm, wataeam tuem, whazmat jibril, wsuqya 'iismaeil. ⁽⁶⁾

Each of the above names has a specific reason for the name, and this short article does not have the space to mention the reason for the name. So, let's just say that's enough.

B: Zamzam water indicator:

The water of Zamzam first appeared by Gabriel (peace be upon him) and watered Ismael (peace be upon him) ⁽⁷⁾, Then this spring was dug by Ibrahim (as) ⁽⁸⁾. Then the tribe of Amr ibn al-Harith al-Jarhami closed the mouth of the well tightly. This spring of Zamzam was hidden and buried for more than five hundred years. No one had any knowledge of the location of the place, until the Prophet's grandfather, Abdul Muttalib, dug up some of the signs he had seen in his dream several times and revealed the spring again. ⁽⁹⁾

C: The virtues of Zamzam water and its difference from other waters:

There are innumerable hadiths about the virtue of Zamzam water, one of which is narrated by Imam Muslim in his Sahih in Hadith No. 2473 and he said to him: «إِنَّهَا مُبَارَكَةٌ، إِنَّهَا طَعَامٌ طُعِمَ» That is, drinking this blessed water with the intent of food is food. Are called. ⁽¹⁰⁾

But Imam al-Tayalisi (may Allah have mercy on him) also exaggerated this similar narration and said that the Prophet (peace and blessings of Allah be upon him) said to Abu Dharr (may Allah be pleased with him): «إِنَّهَا مُبَارَكَةٌ، وَهِيَ طَعَامٌ طُعِمَ، وَشِفَاءٌ شُفِيَ» That is, drinking this blessed water for food is food and medicine for diseases. ⁽¹¹⁾

All in all, knowing the names of Zamzam water, its virtues and drinking a lot are among the good deeds and one way is to fulfil its promise to its rightful owners, as it is the only water that satisfies the body's need for food. And strengthens the body.

According to virtue, the first is the water that flows from the blessed fingers of the Prophet (peace and blessings of Allah be upon him), the story of which is consistently proven in several places, and among them I can name Hodaybiyyah, then the water of Zamzam. According to the traditions, the heart of the Prophet (peace and blessings of Allah be upon him) has been washed by it, and finally the water of Kawthar, which belongs to Dar al-Baqaa. But in terms of taste, colour and smell, Zamzam water is like any other water. But there is a little saltiness and it is not without wisdom.

In conclusion, the only difference that can be found from the wisdom of other water is that it is sufficient instead of food, for example, drinking it at birth is beneficial to both mother and baby. And it can be mentioned that it strengthens the teeth.

D: The wisdom of Zamzam water according to contemporary science:

The value of Zamzam in birth: Consumption of Zamzam water during childbirth has many effects on the mother and the unborn child. At the Abha General Teaching Institute in Saudi Arabia, 250 women between the ages of 20 and 35 were given the same 700 cc of Zamzam water at birth. They were given zamzam water

⁵ Rahmatzai, Asadullah (1397 AH). The Importance of Zamzam Water from the Perspective of Islam and Science. Research Journal of Natural Sciences, 3rd Edition, Kabul University.

⁶ ahmad bin eali al'azhari alshaafiei. (1422 h - 2001 ma). al'iielam almultazim bifadilat zamzimu. almhqq: ramzi saed aldiyn dimashqiati, altabet: al'uwalaa, dar albashayir al'iislamiat liltabaeat walnashr waltawziei, bayurut.

⁷ muhamad bin 'iismaeil 'abu Abdallah albokhary aljefy. (1422h). aljamie almusanad alsahih almukhtasir min 'umur rasul allah salaa allah ealayh wasalam wasunanah wa'ayaaamah = sahih albikhari. muhamad bin 'iismaeil 'abu eabdalah albikhari aljaefi, altabeata: al'uwlaa: dar tuq alnajat. (4/ 142)

⁸ al'iielam almultazim bifadilat zumazim (1/ 19)

⁹ 'abu alfada' 'iismaeil bin eumar bin kthyr alqarshii albasrii thum aldmsHQ. (1418 ha - 1997 ma). albidayat walnihayatu. tahqiq: eabd allah bin eabd almuhsin altarky, altbet: al'uwalaa. dar hajr liltabaeat walnashr waltawzie wal'iielan. (3/ 335)

¹⁰ muslim bin alhujaj 'abu alhasan alqashirii alnaysaburi. (b,t). almusanad alsahih almukhtasir binaql aleadl ean aleadl 'iilaa rasul allah salaa allah ealayh wasalm. almuhaqiqa: muhamad fuad eabd albaqi, alnaashr: dar 'iihya' alturath allearabi - birut. (4/ 1922)

¹¹ abu dawud sulayman bin dawud bin aljarud altayalisiyu albusraa. (1419 ha - 1999 ma). musanad 'abi dawud altyalsy. almhqq: alduktur muhamad bin eabd almuhsin altrky, altbet: al'uwlaa, dar hijr - misr. (1/ 364)

at various stages of birth and other medicine were discontinued, the mothers who drank Zamzam water gave birth to their babies much better and faster than those who were given normal water. Also, the blood results of both groups were equal before birth. But after birth the blood results of all groups changed. The group that drank normal water had a glucose level of 82.72 mg to 87.75 mg per liter and a hydroxybutyrate-B level was from 0.11 mg to 0.21 mg per liter and the infants nominal blood-pH level was 7.29; however, mothers who drank Zamzam had a glucose level of 82.75 to 97.11 and a hydroxybutyrate-B level of 0.11 to 0.19 mg per liter. And the baby's nominal blood pH level was recorded of 30.7.⁽¹²⁾

Blood presser and Zamzam water: Zamzam water plays a very important role in controlling high blood pressure. The study was conducted on 20 different patients with high blood pressure, ten of them were given mineral water and ten others were given Zamzam water 30 days later, patients who drank Zamzam water had very low blood pressure.⁽¹³⁾
Teeth and Zamzam: A comparative study of children with tooth decay, disease, and loss of them found that children who drank Zamzam water had a much lower rate of tooth decay, tooth loss, and recurrence. The main reason is the high level of fluoride in Zamzam water. Fluoride plays the most important role in preventing tooth decay.⁽¹⁴⁾

Agriculture and Zamzam: Different parameters of wheat and barley growth have been studied in Egypt with the help of different waters. The study found that wheat grown in pure Zamzam water or in water mixed with Zamzam, wheat seed germination, plant growth, hunger weight and growth percentage was too much. Also, the growth rate of Zamzam water-irrigated bean flowers was much higher than beans that were watered with ordinary water.⁽¹⁵⁾

3. Conclusion:

Among the Islamic rites near the Baitullah Sharifa in Makkah is the water of Zamzam or the well of Zamzam. Thanks to Ishmael (peace be upon him), Jibril (peace be upon him) has carved on his wing, hidden over time and then revealed to Abdul Muttalib, and for a long time the affairs were in the hands of Abdul Muttalib's descendants, until in the Prophet's (peace and blessings of Allah be upon him) prophecy the task was given to Abbas ibn 'Abd al-Muttalib. The Prophet (peace and blessings of Allah be upon him) himself described the wisdom and virtues of this water many times and called it a cure for many ailments. That is why Muslims all over the world take it with them.

4. Discussion:

The water of Zamzam is not a kind of ordinary water but it is a water full of wisdom. If the wife of Abraham (peace be upon him) Hagar had not stopped this water, it would have remained flowing for a long time. But it was also God's destiny, which would contain more wisdom. Scientists around the world had different ideas about this water before their research, but after research, they all came to the conclusion that it is not a kind of ordinary water.

5. Consequences:

From the birth of Ishmael (peace be upon him) until the revelation of the Prophet (peace be upon him), there have been many disputes over the waters of Zamzam, but all members of the opposition have respected this water. Therefore, it is necessary to respect this water and other Islamic rites, and it is not a kind of ordinary water, but in terms of its physical and chemical structure, this water is containing all kinds of minerals and that's it.

¹² Abdul Ghani. Muhammad Ilyas. (2004). The history of Makkah Mukkarramah.

Ahmad M. A.A, Ibrahim M.S. (1996). The water of Zamzam. Dar Al Taqwa Ltd. London, 1996; 8-51.

¹³ Munir. Nayab et all, (2015), Physio-Chemical Differences between Aab-E-ZamZam and mineral water effect of water intake on blood pressure, American-Eurasian journal of toxicological science, 7(2): 83-87.

¹⁴ Dear H. T, Arnold F. A. Evolve E. (1942), Domestic water and dental caries, V. Additional studies of the relation of fluoride of domestic water to dental caries experience in 4425 white children aged 12-14 years of 13 cities in 4 states, Public Health report 1942, 57, 1155-1179.

¹⁵ Mutwally H. M. A, Omar S. A. M, Bedaiwy M, (2011), Effect of water types on some growth parameters of wheat and broad bean plants under Al-Baha, KSA environmental condition.

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