



ETHNIC AND CULTURAL ASPECTS OF INDIA FIGHTING AGAINST THE OUTBREAK OF DEADLY VIRUS CORONA (COVID -19) IN THE COUNTRY

Dr. A. Sugantha

Assistant Professor

Department of Economics, Dwaraka Doss Goverdhan Doss Vaishnav College, Chennai.

Email - sugantharam@gmail.com

Abstract: *Deadly Virus which has been originated from China known as corona virus(Covid-19). Many countries have become victims. Earlier the scenario of this virus was low but it goes on increasing and increasing. "Many deceased and many recovered". Lucky people are those who lived in the islands of India, who didn't even experience the fear of this virus. Dr. from Chennai was appointed as the special officer to tackle this problem in T.N. Irrespective of the status this virus created a huge impact all over the world. The ethnic and cultural aspects of India dealt against the outbreak of deadly virus of corona. This has been discussed in this Article.*

Key Word: *Ethic, Cultural aspects, Corona.*

1. INTRODUCTION:

From the month of January 2020 onwards the whole world has come to a standstill condition due to the outbreak of the deadly virus originated from China which is known as Corona (Covid-19). Besides the economic status both rich and poor countries have become victims for this virus. It is a fact that Globalization is said to be a pillar of economic growth at the same time on the other side of its face the ugly side can also be experienced. Free mobilization of Human resources, resulted in the fast spreading of the disease. `Corona virus disease` which is also called as **Covid – 19** is caused by the virus which first affects the respiratory system of any human being. Those who have cardiac related problems and less immunity power are getting affected so easily by this Coronavirus

2. EARLIER SCENARIO OF COVID-19:

Based on the information provided by the Health Ministry of India. earlier Governmental reports show that , total number of Corona confirmed cases across India were 74281 persons, in which 24386 cases have recovered and 2415 persons have deceased as on 20th May 2020. Tamil Nadu has registered 8718 Corona virus confirmed cases, 2134 people have recovered and 61 have dead. The capital city Delhi recorded 7639 Corona virus confirmed cases, 2512 recovered persons and 86 deceased cases. Islands in India did not experience corona affected people as on date. Arunachal Pradesh, Mizoram and Dadra have only one person affected with Covid-19. Nearly 180 persons were kept under screening.

3. FACTS ON HEALTH WORKERS:

Special officer for tackling covid-19 crisis in Chennai, Dr. Radhakrishnan explained that nearly 1100 persons were admitted as covid-19 victims in 39 covid care centers formed by the Chennai city corporation, 239 persons were treated at Velammal Engineering College, 171 in D.G. Vaishnav College, 122 in Loyola College and 444 in Trade center. Among them 745 were recovered from the virus.

3.1. High Impact of covid 19 on various countries irrespective of their status:

In between this chaos condition there is an important aspect which has to be noted is while developed or rich countries have lakhs and lakhs of covid-19 patients, India has victims in thousands only. The World-o-meter on corona cases witnesses a total of 4363906 coronavirus cases as on 13th May 2020, 293547 deaths and 1613346 have recovered. Among these, the USA records 1408745 highest confirmed cases. As entered by the Simple Registration system. There is no doubt that ethnic and cultural aspects followed in India are the main pillars for the slow spread of coronavirus (Covid-19) as well as for blocking the outbreak of the disease.



- **Life style of the people:** Lifestyle may be one of the important reasons for the slow spread of coronavirus. People are accustomed to clean habits from childhood. Food habits of Indians also play a significant role here. Having more hot drinks, fruits and fruit juices, classical types of cooking with natural herbs, pulses etc are also paying the way for a healthy life.
- **Belief towards classical medicines:** Though currently no proper medicine or vaccine have been found to destroy the corona virus we Indians trust our Ayurvedic, Siddha, Unani & Homeopathy medicines to curb the coronavirus. Currently people have started using Kabasura Kudineer and nilavembu both are siddha medicines which use ingredients like natural herbals, pepper, ginger, Jeera & Turmeric powder to boost the immunity power of the human being to fight against the coronavirus.
- **Natures support:** Places surrounded by hills and forests and people living in these areas have affected very less compared to grown cities. Islands like Goa, Due AND Daman, Lakshadeep have no corona patients. Himalayan states Jammu Kashmir, Himachal Pradesh, Ladakh have only few cases. Nature may support them from contact with coronavirus.
- **Human Attitude and Behavior:** Basically, Indians give more importance to health and as `Health is Wealth` and `when health is lost, everything is lost`. People give importance to their families, relatives & friends in health aspects and concentrate well on protecting them. Whenever the Government takes any new step to improve the health condition of the people, it will be well supported by them.
- **Role of social media in controlling coronavirus:** The role of social media in giving information to any outbreak of disease is very significant and appreciable. Nowadays from school going children up to elders everybody has the knowledge of social media devices. They get information and other communications through mobile phones and its applications like Whatsapp, Facebook, Twitter, Instagram etc., They communicate with others regarding the coronavirus, help the needy and poor people,
- **Role of R & D on controlling covid-19:** “Noi Nadi.... Noi mudhal nadi.....” `Tamil poet Thiruvalluvar` advised that the root cause for any disease to destroy it has to be found out first. So the role of Research and Development on controlling Covid-19 becomes significant. The Government is encouraging various research projects to find medicine or vaccines to cure Coronavirus to protect the society. The Indian Institute of Technology specialists have engaged themselves in finding out medicine to control the corona virus through their 5 scientific research projects.

4. CONCLUSION:

The article can be concluded by showing Kerala Chief Minister Pinarayi Vijayan has announced that Ayurvedic treatment will be given importance and done to mitigate coronavirus by classifying people into seven groups. This is known as the `Swasthyam Project`. As the state is full of natural surroundings, herbals and spices, the people community is with full hope of destroying the coronavirus. Recently a 92 years old lady has been cured of corona virus by using natural herbals & antibiotic things stands as a best example. Other states of India should also try to support the Government & take necessary steps to control & eradicate Covid-19. Air pollution which causes serious respiratory problems should also be controlled. It can be concluded that Sustainable practices to control and to block the outbreak of the deadly disease is the need of the hour for the well-being of the Nation.

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